

DC Seed Project Virtual Workshops for Parents and Caregivers

AUGUST 2020

Date	Workshop Topic	Time
August 4	Coping with Grief and Loss	3:00 PM
August 7	NEW START Approach to Wellness and Self-Care	3:00 PM
August 11	Building Your Support System	3:00 PM
August 14	The Importance of Parent-Child Interaction	3:00 PM
August 18	The Effects of Attachment on Language Development	3:00 PM
August 21	Getting Ready for the Newest Member of Your Family	3:00 PM
August 25	Newborn Care	3:00 PM
August 28	Transition and Routines	3:00 PM

SAVE THE DATE

TUESDAYS AND
FRIDAYS

Early Childhood
Development

Self-Care and Wellness

Perinatal Wellness

Social-Emotional
Development

JOIN US USING THIS LINK:

bit.ly/DCSEED

Meeting number (access code): 160 572 6675

Meeting password: dcseed

You may also call in using the following number: 1-650-479-3208

For workshop related inquiries contact:

Ghislaine Toussaint-Green at 202-597-2908 or Meghan Sullivan at 202-763-9027

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