

# Child Psychiatry Access Programs in the DMV Region

## Overview of Programs



### District of Columbia

DC Mental Health  
Access in Pediatrics  
(DC MAP)

PCPs can call **1-844-303-2627** or submit an [online consult request](#)

- DC MAP is open to any pediatric primary care provider (PCP) working in or providing care to youth in DC.
- Providers can call about issues regarding youth (0-21 years) mental health (MH) regardless of insurance status.

#### Core Services Include

- **Phone consultation with child MH specialists** (psychiatrist, psychologist, social work).
- **Resource and referral navigation** based on patient demographics, insurance, and services need. Time-limited **care coordination** support to directly share resources with patients.
- **One time in-person or virtual patient visit with a psychiatrist** as clinically indicated to assist with diagnostic clarity and decisions about appropriate follow up actions.
- **Training opportunities** for PCPs around pediatric mental health.

For more information visit [www.dcmmap.org](http://www.dcmmap.org)



### Maryland

Behavioral Health  
Integration in  
Pediatric Primary  
Care (BHIPP)

PCPs can call **855-632-4477**

- BHIPP is open to any PCP working in or providing care to youth in MD (all counties).
- Providers can call about issues regarding youth (0-21 years) MH regardless of insurance status.

#### Core Services Include

- **Phone consultation with child MH specialists** (psychiatrist, psychologist, social work).
- **Resource and referral navigation** based on patient demographics, insurance, and services need. Resources are shared with providers to pass along to their patients.
- Provider and patient centered **telepsychiatry consultation** in three primary care clinics.
- **Social work co-location** in primary care clinics in the Mid and Lower Shore, Western MD, and Baltimore City to provide screening, brief interventions, referral and real time consultation to PCPs.
- **Training opportunities** for PCPs around pediatric mental health.
- **Telepsychiatry and telecounseling services** will be offered soon.

For more information visit [www.mdbhipp.org](http://www.mdbhipp.org)



### Virginia

Virginia Mental Health  
Access Program  
(VMAP)

PCPs can call **1-888-371-8627** or submit an [online consult request](#)

- VMAP is open to Virginia based PCPs that see youth 0-21 years (all counties).
- Providers can call about issues regarding youth (0-21 years) MH regardless of insurance status.

#### Core Services Include

- **Phone consultation with child MH specialists** (psychiatrist; psychologist and social work consultation will be offered in early November).
- **Resource and referral navigation** for the Northern region of VA is launching in November 2020. Resources are identified based on patient demographics, insurance, and services need. Resources are shared with providers to pass along to their patients.
- **Training opportunities** for PCPs around pediatric mental health.

For more information visit [www.vmap.org](http://www.vmap.org)